

## Week Six Schedule

### MONDAY

| July 14         | Phoenix                | Dragons         | Chimera              | Tritons         |
|-----------------|------------------------|-----------------|----------------------|-----------------|
| 8:30am-9am      | Drop Off               |                 |                      |                 |
| 9:00am-9:40am   | Team Building          | Soccer          | Basketball           | Pickle Ball     |
| 9:45am-10:25am  | Basketball             | Pickle Ball     | Team Building        | Soccer          |
| 10:25am-10:45am |                        |                 |                      |                 |
| 10:45am-11:25am | Soccer                 | Team Building   | Pickle Ball          | Basketball      |
| 11:30am-12:10pm | Pickle Ball            | Basketball      | Soccer               | Team Building   |
| 12:10pm-12:45pm | Lunch, Rest, Free Play |                 |                      |                 |
| 12:55pm-1:40pm  | Kick Ball / Rounders   |                 | MPR Games            | Fitness/Agility |
| 1:45pm-2:30pm   | MPR Games              | Fitness/Agility | Kick Ball / Rounders |                 |
| 2:30pm-2:50pm   | Break                  |                 |                      |                 |
| 2:50pm-3:35pm   | Wiffle Ball            |                 | Fitness/Agility      | MPR Games       |
| 3:40pm-4:25pm   | Fitness/Agility        | MPR Games       | Wiffle Ball          |                 |
| 4:30pm-4:00pm   | Pick Up                |                 |                      |                 |

### TUESDAY

| July 15         | Phoenix                | Dragons      | Chimera      | Tritons      |
|-----------------|------------------------|--------------|--------------|--------------|
| 8:30am-9am      | Drop Off               |              |              |              |
| 9:00am-9:40am   | Track                  | Volleyball   | Handball     | Martial Arts |
| 9:45am-10:25am  | Handball               | Martial Arts | Track        | Volleyball   |
| 10:25am-10:45am | Break                  |              |              |              |
| 10:45am-11:25am | Volleyball             | Handball     | Martial Arts | Track        |
| 11:30am-12:10pm | Martial Arts           | Track        | Volleyball   | Handball     |
| 12:10pm-12:45pm | Lunch, Rest, Free Play |              |              |              |
| 12:55pm-1:40pm  | Castle/Dodge           |              | Gaga         | Hockey       |
| 1:45pm-2:30pm   | Gaga                   | Hockey       | Castle/Dodge |              |
| 2:30pm-2:50pm   | Break                  |              |              |              |
| 2:50pm-3:35pm   | Hockey                 | Gaga         | Revenge      |              |
| 3:40pm-4:25pm   | Revenge                |              | Hockey       | Gaga         |
| 4:30pm-4:00pm   | Pick Up                |              |              |              |

### WEDNESDAY

| July 16         | Phoenix                | Dragons          | Chimera         | Tritons          |
|-----------------|------------------------|------------------|-----------------|------------------|
| 8:30am-9am      | Drop Off               |                  |                 |                  |
| 9:00am-9:40am   | Badminton              | Flexibility      | Futsal          | Football         |
| 9:45am-10:25am  | Futsal                 | Football         | Badminton       | Flexibility      |
| 10:25am-10:45am | Break                  |                  |                 |                  |
| 10:45am-11:25am | Football               | Badminton        | Flexibility     | Futsal           |
| 11:30am-12:10pm | Flexibility            | Futsal           | Football        | Badminton        |
| 12:10pm-12:45pm | Lunch, Rest, Free Play |                  |                 |                  |
| 12:55pm-1:40pm  | Court Games            | Pickle Ball      | Special Activiy | LAX              |
| 1:45pm-2:30pm   | Pickle Ball            | Court Games      | LAX             | Special Activity |
| 2:30pm-2:50pm   | Break                  |                  |                 |                  |
| 2:50pm-3:35pm   | Special Activity       | LAX              | Court Games     | Pickle Ball      |
| 3:40pm-4:25pm   | LAX                    | Special Activity | Pickle Ball     | Court Games      |
| 4:30pm-4:00pm   | Pick Up                |                  |                 |                  |

### THURSDAY

| July 17         | Phoenix                | Dragons    | Chimera       | Tritons    |
|-----------------|------------------------|------------|---------------|------------|
| 8:30am-9am      | Drop Off               |            |               |            |
| 9:00am-9:40am   | Handball               | Basketball | Golf          | Wrestling  |
| 9:45am-10:25am  | Golf                   | Wrestling  | Handball      | Basketball |
| 10:25am-10:45am | Break                  |            |               |            |
| 10:45am-11:25am | Basketball             | Handball   | Wrestling     | Golf       |
| 11:30am-12:10pm | Wrestling              | Golf       | Basketball    | Handball   |
| 12:10pm-12:45pm | Lunch, Rest, Free Play |            |               |            |
| 12:55pm-1:40pm  | Ultimate Frizbee       |            | Gaga          | Yoga       |
| 1:45pm-2:30pm   | Gaga                   | Yoga       | Ultimate      |            |
| 2:30pm-2:50pm   | Break                  |            |               |            |
| 2:50pm-3:35pm   | Angle Ball             |            | Yoga          | Gaga       |
| 3:40pm-4:25pm   | Yoga                   | Gaga       | Angle Ball-Bo |            |
| 4:30pm-4:00pm   | Pick Up                |            |               |            |

### FRIDAY

| July 18         | Phoenix                | Dragons      | Chimera      | Tritons      |
|-----------------|------------------------|--------------|--------------|--------------|
| 8:30am-9am      | Drop Off               |              |              |              |
| 9:00am-9:40am   | Zumba                  | Volleyball   | Football     | Martial Arts |
| 9:45am-10:25am  | Football               | Marital Arts | Zumba        | Volleyball   |
| 10:25am-10:45am | Break                  |              |              |              |
| 10:45am-11:25am | Volleyball             | Zumba        | Martial Arts | Football     |
| 11:30am-12:10pm | Martial Arts           | Football     | Volleyball   | Zumba        |
| 12:10pm-12:45pm | Lunch, Rest, Free Play |              |              |              |
| 12:55pm-1:40pm  | Camp Games             | Camp Games   | Camp Games   | Camp Games   |
| 1:45pm-2:30pm   | Camp Games             | Camp Games   | Camp Games   | Camp Games   |
| 2:30pm-2:50pm   | Break                  |              |              |              |
| 2:50pm-3:35pm   | Camp Games             | Camp Games   | Camp Games   | Camp Games   |
| 3:40pm-4:25pm   | Camp Games             | Camp Games   | Camp Games   | Camp Games   |
| 4:30pm-4:00pm   | Pick Up                |              |              |              |